NORTH'S NUTRITIOUS NIBBLES

MENU

BREAKFAST

Sausage & Egg Wrap $5.00
Sausage patty, egg, & BBQ Sauce on a toasted wrap

Bacon & Egg Wrap $ 5.00
Bacon, egg & BBQ sauce on a toasted wrap

Bacon Wrap $ 4.00
Bacon & BBQ sauce on a toasted wrap

Ham & Cheese Crossant $5.00
Ham & cheese on a warm butter crossant

HOT SNACKS

Chicken Pops (8)	$2.00
Chicken Devil Sticks (4)	$1.50
Vegetable Gyoza (4)	$3.50
Wontons (3)	$2.00
Potato Gems (10)	$3.00
Dim Sims (2)	$3.50
Garlic Bread	$3.00
Chicken Nuggets (4)	$4.00
Chicken Wyngz (2)	$4.00
Kransky	$4.00
Sausage Roll	$4.50
Spinach & Fetta Triangle	$5.00
Chicken & Garlic Triangle	$5.00
Cheese & Bacon Roll	$4.50

SALADS

Chicken & Salad Wrap $8.00
Tender chicken breast with lettuce, tomato, cucumber carrot, onion, beetroot, cheese & Mayo

Chicken Caesar & Salad Wrap $8.00
Tender chicken breast with lettuce, bacon, egg, parmesan cheese, & caeser dressing

Ham & Salad Wrap $8.00
Sliced Ham with lettuce, tomato, cucumber, carrot, onion, beetroot & cheese & Mayo

Salad Wrap $6.00
Lettuce, tomato, cucumber, carrot, onion,beetroot, cheese & mayo.

EXTRAS Nil
Pineapple, pickles

Bacon or Egg, $1.00

HOT WRAPS

Chicken Tender Wrap $7.00
Crumbed chicken tenders, lettuce, tomato, cheese & mayo

Sweet Chilli Chicken Wrap $7.00
Sweet chilli crumbed chicken tenders, lettuce, tomato, cheese & mayo

Spicy Chicken Wrap $7.00
Spicy crumbed chicken breast, lettuce, tomato, cheese & mayo.

Pork Riblet Wrap $7.00
Boneless pork riblet in a tangy BBQ sauce, lettuce, tomato, cheese & mayo

Meatball Sub $7.00
Beef meatballs in a rich tomato sauce with onion & capsicum topped with cheese on a sub roll

EXTRAS

Cucumber, Beetroot, Carrot, Capsicum, Onion, Pineapple, Pickles Nil

Bacon, Egg, $1.00

Toasties
Assorted Fillings $5.00

DRINKS

Plain Milk	sml $3.00	lge $3.50
Flavoured Milk	sml $4.00	lge $5.00
Icebreak		$5.00
Juice		$4.00
Aloe Juice		$4.00
Water	sml $2.00	lge $3.00
Nutrient Water		$5.00
Poppers		$3.00
Waterfords		$5.00
Up & Go		$3.00

Download the QKR app for easy online ordering. Or order at the tuckshop before 9am.

All meals are subject to change

NORTH'S NUTRITIOUS NIBBLES

MENU

MONDAY SPECIALS

Hamburger $8.00
Premium beef patty, lettuce, tomato, cucumber, beetroot & cheese

Chicken Schnitzel $8.00
Chicken schnitzel, lettuce, tomato and cheese

Spicy Chicken $8.00
Spicy crumbed chicken schnitzel, lettuce, tomato,and cheese

EXTRAS

Cucumber, Beetroot, Carrot, Capsicum, Onion, Pineapple, Pickles — **Nil**

Bacon or Egg — **$1.00**

TUESDAY SPECIALS

Cheese Pizza
Tomato pizza sauce and cheese

Salami & Cheese Pizza
Tomato pizza sauce, salami & cheese

Hawaiian Pizza
Tomato pizza sauce, shredded pizza ham, pinapple & cheese

Meatlovers Pizza
BBQ pizza sauce, shredded pizza ham, bacon, salami, meatballs & cheese

All pizzas
Half $5.00 **Full $10**

WEDNESDAY SPECIALS

Nachos $6.50
Pulled Pork, Corn Chips, Taco Seasoning, BBQ Sauce, Cheese, Sour Cream & Guacamole

Burrito $8.00
Pulled pork, lettuce, tomato, onion, salsa, cheese, guacamole, sour cream wrapped in a soft tortilla

THURSDAY SPECIALS

Sushi $6.00
Teriyaki Chicken, carrot, cucumber & kewpie mayo

MEALS

Spaghetti Bolognaise
Available in weeks 2 & 6

Carbonara
Available in weeks 3 & 7

Butter Chicken
Available in weeks 4 & 8

Sausages & Mash Potato
Available in weeks 5 & 9

- **Please note the tuckshop is only open on Fridays for pre orders.**

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