



# hangin' with headspace

**During Term 1, you can catch up with the headspace crew every Monday during lunch.**

**Everyone is welcome! Come join in the fun, meet the people, ask questions, learn about self care and get some tips for a healthy headspace.**

**when**  
Lunch time each Monday from 1.10pm

**where**  
Performing Arts Room

**more info**  
Talk to Youth Support Coordinator Susie Mant